

arabic mehendi design Workbook

Arabic mehendi design has captivated enthusiasts and fashion lovers worldwide for its intricate patterns, bold lines, and elegant motifs. Rooted in Middle Eastern culture, Arabic mehendi is renowned for its unique style that combines traditional artistry with contemporary trends. Whether for weddings, festivals, or personal adornment, Arabic mehendi designs offer a perfect blend of simplicity and sophistication, making them a popular choice among brides and mehendi enthusiasts alike. In this article, we delve into the history, elements, styles, and tips to master the art of Arabic mehendi design, helping you to create stunning patterns that celebrate cultural heritage and artistic expression.

Understanding the Origin and Significance of Arabic Mehendi Design

The Cultural Roots of Arabic Mehendi

Arabic mehendi, also known as henna art, has its origins in Middle Eastern and North African regions. Historically, it was used not only for beautification but also for spiritual and medicinal purposes. The designs are inspired by nature, featuring motifs such as flowers, leaves, vines, and geometric shapes. Arabic mehendi is often associated with celebratory occasions like weddings, Eid, and other cultural festivals, symbolizing joy, prosperity, and good luck.

Distinct Features That Define Arabic Mehendi

Unlike other styles like Indian or Pakistani mehendi, Arabic designs are characterized by:

- Bold, flowing outlines that are easy to apply and visually striking
- Open space within the design to prevent the pattern from looking crowded
- Large floral motifs and paisleys that are often the focal point
- Minimal detailing compared to Indian styles, emphasizing simplicity and elegance
- Use of negative space to create a balanced and aesthetic appearance

Popular Elements and Motifs in Arabic Mehendi Design

Floral Patterns

Flowers are quintessential to Arabic mehendi, symbolizing beauty, fertility, and new beginnings. Common floral motifs include:

- Roses and lotuses?representing love and purity
- Magnolias and hibiscus?adding exotic appeal
- Stylized flowers with large petals as central elements

Leaf and Vines

Vines and leaves are used to connect floral motifs seamlessly, creating a flowing, natural look. They also add a sense of movement and grace to the design.

Geometric Shapes

Incorporating shapes like circles, triangles, and diamonds adds structure to the design. These shapes are often combined with floral motifs for a balanced composition.

Paisleys and Mandalas

Paisley patterns are highly popular, symbolizing fertility and life. Mandalas add a spiritual and harmonious touch, often placed at the center or on the palms.

Popular Arabic Mehendi Design Styles and Patterns

Traditional Full Hand Designs

These designs typically cover the palms, back of the hands, and sometimes extend to the arms. They feature large floral motifs, with vines and leaves filling the space in a symmetrical layout.

Minimalistic or Modern Arabic Mehendi

Focusing on simplicity, these designs incorporate minimal floral patterns with open spaces, making them ideal for casual occasions or for those who prefer understated elegance.

Bridal Arabic Mehendi

Brides often opt for more elaborate designs that combine traditional motifs with contemporary elements, covering the entire hand, fingers, and sometimes the feet, with intricate detailing and embellishments.

Arachne-inspired Designs

Some patterns mimic the web-like structure of spider webs, creating a unique fusion of natural and geometric elements, often used for festive celebrations.

Step-by-Step Guide to Creating Arabic Mehendi Design

Materials Needed

- Quality henna cone (preferably organic)
- Lemon-sugar solution for sealing the henna
- Cotton swabs or cloth for cleaning mistakes
- Design templates or inspiration images (optional)

Preparation and Tips

- Start with clean, dry skin to ensure the henna adheres well.
- Practice freehand drawing or use stencils for beginners.
- Fill the cone with henna paste, and test the flow on paper before applying to skin.
- Keep the hand steady and follow the pattern with smooth, continuous lines.
- Allow the henna to dry for at least 2-4 hours for darker stain.
- Once dry, seal the design with lemon-sugar solution to enhance color and longevity.

Design Application Tips

- Begin with large floral motifs at the center or on the back of the hand.
- Use vines and leaves to connect main motifs, filling in the negative space.
- Keep lines bold and clean for a traditional Arabic look.
- Experiment with different motifs to create personalized patterns.
- Finish with a gentle wipe to remove excess henna and avoid smudging.

Tips for Maintaining Arabic Mehendi Design

- Avoid washing the hands immediately after the henna dries; wait at least 6-8 hours for the best stain.
- Apply natural oils like coconut or olive oil on the design to deepen the color.
- Refrain from scrubbing the area to prolong the life of the mehendi.
- Stay hydrated and moisturize regularly to keep the stain vibrant.

Where to Find Inspiration for Arabic Mehendi Design

- Social media platforms like Instagram, Pinterest, and Facebook showcase a plethora of Arabic mehendi styles.
- Traditional mehendi books and tutorials offer step-by-step guides.
- Attend mehendi workshops or classes to learn techniques from experts.
- Explore cultural festivals and exhibitions for authentic design ideas.

Conclusion

Arabic mehendi design is a beautiful expression of Middle Eastern artistry, blending natural motifs with elegant simplicity. Its bold lines, open spaces, and floral motifs make it suitable for a variety of occasions, from casual gatherings to grand weddings. By understanding the key elements, practicing the techniques, and drawing inspiration from traditional and modern sources, anyone can master the art of Arabic mehendi. Whether you aim to create stunning designs for personal adornment or professional purposes, embracing this timeless art form will add a touch of cultural elegance and artistic flair to your style. Start experimenting today and bring the captivating beauty of Arabic mehendi to life on your hands!

Arabic Mehendi Design: An Elegant Fusion of Tradition and Artistry

The art of Arabic mehendi design stands out as one of the most captivating forms of body adornment in the world of henna artistry. Renowned for its bold, intricate, yet minimalist patterns, Arabic mehendi has transcended regional boundaries to become a celebrated global phenomenon. Its unique aesthetics, cultural significance, and adaptability make it a favorite among brides, fashion enthusiasts, and art lovers alike. In this article, we delve into the origins, distinctive features, techniques, and modern trends associated with Arabic mehendi design, providing a comprehensive analysis for enthusiasts and practitioners.

Origins and Cultural Significance of Arabic Mehendi Design

Historical Roots

Arabic mehendi has deep-rooted origins in Middle Eastern and North African cultures, where henna application dates back thousands of years. Historically, the art was used not only for beautification but also for protective and ceremonial purposes. Its usage was prominent during weddings, festivals, and rites of passage, symbolizing joy, prosperity, and spiritual well-being.

While the precise origins are intertwined with ancient civilizations such as the Egyptians and Arabs, the modern Arabic mehendi style has evolved through centuries of cultural exchanges, blending indigenous motifs with regional influences. The style gained widespread popularity in the Indian subcontinent and beyond, adapting to contemporary tastes while preserving its traditional essence.

Symbolic Significance

Arabic mehendi is more than just body art; it embodies cultural identity and personal expression. The motifs often symbolize:

- Fertility and Prosperity: Floral patterns and expansive designs are believed to bring good luck.
- Protection: Certain symbols are thought to ward off evil spirits.
- Celebration and Joy: The application of mehendi is integral to festivities, especially weddings, signaling happiness and auspicious beginnings.
- Beauty and Femininity: The bold yet elegant patterns accentuate femininity and grace.

The cultural importance of Arabic mehendi underscores its enduring appeal, making it a cherished tradition in many communities.

Distinctive Features of Arabic Mehendi Design

Design Characteristics

Arabic mehendi is distinguished by its unique visual language, which emphasizes:

- Bold Lines: Thick, prominent outlines form the foundation of most patterns.
- Open Spaces: Unlike intricate Indian mehendi styles, Arabic designs often feature large, unfilled areas that create a sense of airiness and elegance.
- Flowing Patterns: The motifs are interconnected with sweeping curves and natural elements, giving a fluid, organic feel.
- Minimalism with Impact: While some designs are elaborate, many focus on simplicity, making the patterns striking and easy to execute.

Common Motifs and Elements

Arabic mehendi incorporates a variety of motifs, each carrying symbolic meaning:

- Flowers and leaves: Represent growth, beauty, and fertility.
- Paisleys: Symbolize fertility and abundance.
- Vines and tendrils: Convey grace and continuity.
- Geometric shapes: Add an element of modernity and symmetry.
- Birds and animals: Occasionally used to depict freedom and harmony.

The motifs are often arranged in a symmetrical or asymmetrical pattern, depending on the design's purpose and area of application.

Design Placement and Variations

Arabic mehendi is versatile in its applications:

- Hands: Typically feature bold, sprawling designs covering palms and extending to wrists or forearms.
- Feet: Designs often start from the toes and extend upward, sometimes covering ankles and calves.
- Bridal Designs: Usually larger with intricate details, covering the entire hand and foot.
- Contemporary Variations: Modern artists experiment with minimal designs, making Arabic mehendi suitable for casual wear, festivals, or fashion shoots.

Techniques and Tools for Arabic Mehendi Application

Application Tools

Traditional mehendi application involves:

- Henna cones: The primary tool, crafted from cloth or plastic with a fine tip for detailed work.
- Stencils: Used by some artists for consistency and quick application.
- Brushes and toothpicks: For intricate detailing or touch-ups.

Modern artists also utilize:

- Squeeze bottles: For more controlled flow.
- Pump applicators: To achieve uniform lines.

Preparation and Application Process

The process of creating Arabic mehendi designs involves several steps:

- Design Selection: Clients choose or customize patterns based on occasion and personal preference.
- Skin Preparation: Clean, dry skin ensures better henna adherence.

- Henna Paste Application: Using cones or applicators, the artist meticulously traces the design, emphasizing bold outlines and spacious elements.
- Drying and Setting: The henna is allowed to dry for several hours, often with the application of lemon-sugar solutions to deepen color and improve stain quality.
- Removal and Aftercare: Once dried, the henna paste is gently scraped off, revealing a reddish-orange stain that darkens over 24-48 hours.

Design Longevity and Color Development

The final color intensity depends on:

- Henna quality: Fresh, natural henna produces richer stains.
- Application duration: Longer application times yield darker stains.
- Aftercare: Keeping the design warm and moist enhances color development.

Modern Trends and Innovations in Arabic Mehendi Design

Fusion with Other Styles

Contemporary artists often blend Arabic motifs with Indian, Mughal, or Western styles to create hybrid designs, appealing to a diverse audience. This fusion includes:

- Incorporating detailed Indian motifs like peacocks or mandalas within Arabic frameworks.
- Combining minimalistic Arabic patterns with intricate mehendi art for a balanced aesthetic.

Minimalist and Contemporary Designs

With the global shift towards minimalist fashion, Arabic mehendi has adapted by:

- Focusing on single, statement motifs.
- Using negative space creatively.
- Applying designs to smaller areas like fingers or wrists.

Digital and Temporary Variants

Innovations include:

- Temporary tattoos and decals inspired by Arabic patterns.
- Digital tutorials and virtual design previews for personalized customization.
- Henna-inspired nail art and body paints that mimic traditional patterns.

Eco-Friendly and Natural Henna

Consumers are increasingly demanding natural, chemical-free henna products, prompting artisans to:

- Source organic henna.
- Avoid harmful additives.
- Educate clients on proper aftercare for better results.

Challenges and Future Prospects

Challenges Facing Arabic Mehendi Artistry

Despite its popularity, Arabic mehendi faces several hurdles:

- Counterfeit products: Use of low-quality or chemical-laden henna can result in poor stain quality and skin reactions.
- Skill gap: Mastering bold, clean lines requires training and experience.
- Cultural dilution: As the art spreads globally, there's a risk of losing traditional authenticity.

Future Trends and Opportunities

The future of Arabic mehendi looks promising due to:

- Globalization: Increased exposure and demand across continents.
- Fashion integration: Collaborations with designers for runway shows and editorial shoots.
- Workshops and Training: Growing interest in learning authentic techniques.
- Sustainable practices: Emphasis on organic, eco-friendly products.

Conclusion

Arabic mehendi design elegantly encapsulates a rich cultural history while embracing contemporary aesthetics and innovations. Its bold lines, spacious motifs, and organic flow make it a distinctive form of body art that appeals to diverse audiences. As the art continues to evolve, blending tradition

with modernity, it remains a symbol of beauty, celebration, and cultural identity. Whether used for grand wedding ceremonies or casual fashion statements, Arabic mehendi's timeless appeal ensures its place in the global tapestry of decorative arts, inspiring generations to come.

Question What are the latest trends in Arabic mehendi designs for 2024? In 2024, Arabic mehendi designs are trending towards minimalistic and intricate patterns, incorporating floral motifs, geometric shapes, and negative space to create elegant and contemporary looks suitable for both traditional and modern occasions. How can I choose the right Arabic mehendi design for my wedding? Select an Arabic mehendi design that complements your outfit, personal style, and the overall wedding theme. Popular choices include bold floral patterns, paisleys, and motifs that cover the hands and arms, ensuring they enhance your bridal look while being comfortable to wear. Are there any specific symbols or motifs commonly used in modern Arabic mehendi designs? Yes, modern Arabic mehendi designs often feature motifs like flowers, leaves, peacocks, and geometric patterns. Some designs also incorporate symbols like hearts or intricate lace-like patterns to add a touch of elegance and personalization. Can Arabic mehendi designs be customized for different occasions besides weddings? Absolutely! Arabic mehendi designs can be customized for festivals, parties, or casual events by adjusting the complexity and motifs. Simplified designs are perfect for everyday wear, while more detailed patterns suit special celebrations. What tips are recommended for beginners to master Arabic mehendi design techniques? Beginners should start with basic floral and leaf motifs, practice steady hand movements, and use high-quality cone tips for precision. Watching tutorials, practicing on paper first, and starting with simple designs can help build confidence before progressing to more complex patterns.

Related keywords: Arabic mehendi design, henna patterns, bridal mehndi, floral mehndi, intricate mehendi, traditional henna art, mehndi motifs, wedding mehendi, mehndi design ideas, henna tattoo patterns

Charlotte and peter fiell

Charlotte and Peter Fiell are renowned figures in the world of design, architecture, and contemporary visual culture. Their collaborative work as authors, researchers, and curators has significantly influenced how we perceive design history and its impact on modern society. With a keen eye for detail and a passion for uncovering the stories behind iconic objects and movements, Charlotte and Peter Fiell have established themselves as authoritative voices in the field. This article delves into their backgrounds, contributions, notable publications, and their lasting influence on design scholarship.

Who Are Charlotte and Peter Fiell?

Background and Career Overview

Charlotte and Peter Fiell are British design historians and authors celebrated for their extensive work on design history and contemporary design trends. Their collaborative efforts have resulted in numerous influential publications that are widely used by students, professionals, and enthusiasts alike.

Charlotte Fiell's academic background is rooted in art and design history, which she has combined with her keen interest in the cultural aspects of design. Peter Fiell, on the other hand, is recognized for his expertise in design criticism and his ability to contextualize design within broader social and cultural frameworks.

Together, they have spent decades researching, writing, and curating exhibitions that highlight the evolution of design from the early modern period to the present day.

Major Contributions to Design Literature

Key Publications

The Fiells are perhaps best known for their comprehensive and visually engaging books that explore various facets of design. Some of their most influential publications include:

- **Design of the 20th Century** ? A definitive guide that chronicles the development of design over the last hundred years, covering everything from industrial design to graphic arts.
- **1000 Lights** ? An extensive survey of lighting design, showcasing innovations and iconic fixtures from around the world.
- **Furniture Design** ? An in-depth look at the evolution of furniture, highlighting key designers and movements that shaped modern interiors.
- **Design Culture: An Anthology** ? A collection of essays and case studies that examine the cultural significance of design across different eras and regions.

Their books are characterized by their rich visual content, combining high-quality photographs, detailed illustrations, and insightful analysis, making them invaluable resources for understanding the history and significance of design.

Curatorial and Exhibition Work

Beyond their publications, Charlotte and Peter Fiell have curated numerous exhibitions that have traveled worldwide. These exhibitions often serve as visual narratives that bring their written work to life, engaging audiences with immersive experiences.

Some notable exhibitions include:

- Modern Masters: Design in the 20th Century ? Showcasing key works from influential designers.
- Lighting the Future ? Exploring innovations in lighting technology and design.
- Furniture of the 21st Century ? Highlighting contemporary trends and emerging designers.

Their curatorial work emphasizes the importance of storytelling in design and underscores the social, cultural, and technological factors that influence creative practices.

Their Approach to Design History

Interdisciplinary Perspective

Charlotte and Peter Fiell advocate for an interdisciplinary approach to understanding design. They believe that design cannot be studied in isolation but must be contextualized within cultural, political, and technological frameworks.

This perspective allows their work to:

- Connect design movements with historical events.
- Analyze the societal impact of technological innovations.
- Explore the ways design reflects cultural identities.

Visual Emphasis

A hallmark of their publications is the emphasis on visual content. They understand that design is a highly visual discipline, and their books are often praised for their stunning imagery that complements scholarly analysis.

This visual focus:

- Enhances reader engagement.
- Provides a comprehensive understanding of design objects.
- Inspires designers and enthusiasts alike.

Influence and Legacy

Educational Impact

Charlotte and Peter Fiell's work has become standard reading in design education worldwide. Their books are frequently cited in university courses on design history, industrial design, and visual culture.

Their clear explanations and rich visuals make complex subject matter accessible to students and newcomers to the field.

Inspiring Contemporary Designers

Many modern designers cite the Fiells' publications as sources of inspiration. Their detailed case studies and historical insights help emerging designers appreciate the roots of their craft and the evolution of design principles.

Promoting Design Awareness

Through their exhibitions and writings, the Fiells have helped raise public awareness about the importance of design in everyday life. They emphasize that good design is not only functional but also culturally meaningful and aesthetically compelling.

Notable Awards and Recognitions

Over the years, Charlotte and Peter Fiell have received numerous accolades for their contributions to design scholarship and publishing, including:

- Design awards from major institutions.
- Recognition for their influence in curatorial practices.
- Honorary mentions for promoting design literacy worldwide.

Conclusion

Charlotte and Peter Fiell are pivotal figures in the understanding and appreciation of design. Their work bridges scholarly research and popular engagement, making complex design histories accessible and compelling. Whether through their meticulously researched books, inspiring exhibitions, or educational initiatives, they continue to shape the discourse around design's role in culture and society. For anyone interested in the evolution of design or seeking to deepen their appreciation of creative innovation, exploring the work of Charlotte and Peter Fiell offers valuable insights and inspiration.

Keywords: Charlotte and Peter Fiell, design history, design books, design exhibitions, influential designers, contemporary design, visual culture, design education, industrial design, furniture design,

lighting design

Charlotte and Peter Fiell are renowned names in the world of design, architecture, and contemporary culture. Their collaborative work as authors, curators, and commentators has significantly shaped how audiences engage with design history and innovation. This dynamic duo's influence extends across numerous publications, exhibitions, and educational initiatives, making them pivotal figures for anyone interested in the evolution of design and its cultural implications. In this guide, we'll explore their backgrounds, key contributions, notable publications, and the enduring impact they have had on the field of design.

Who Are Charlotte and Peter Fiell?

Charlotte and Peter Fiell are a married couple with a shared passion for design. Their combined expertise spans decades, during which they have authored influential books, curated exhibitions, and contributed to scholarly discussions on design's role in society. Their work often blurs the lines between academic analysis and accessible storytelling, making complex topics approachable for both specialists and general readers.

Backgrounds and Expertise

- Charlotte Fiell: Charlotte has a background rooted in design history and cultural studies. Her focus often emphasizes contemporary design movements and their socio-cultural contexts.

- Peter Fiell: With a robust background in industrial design and architecture, Peter's insights frequently delve into design innovation, craftsmanship, and technological advancements.

Together, their complementary skills allow them to craft comprehensive narratives that contextualize design within broader historical, technological, and cultural frameworks.

Major Contributions and Notable Works

Influential Publications

The Fiell couple has authored and edited numerous books that have become staples in the fields of design and architecture. Some of their most notable publications include:

- "1000 Chairs" (2002): An exhaustive survey of chair design, exploring its evolution from functional object to icon of style and artistic expression.

- "Design of the 20th Century" (1999): A comprehensive overview of the century's most influential designers, movements, and innovations.

- "The Story of Design" (2012): A richly illustrated narrative tracing the history of design from prehistory to the digital age.

- "Fashion Design": Exploring the trajectory of fashion as an integral aspect of cultural expression and innovation.

- "The FIELL Collection": A series highlighting iconic design pieces, offering insights into their creation and significance.

Curatorial and Exhibition Work

Beyond their writing, Charlotte and Peter Fiell have curated numerous exhibitions showcasing design history and contemporary innovation. Their curatorial approach often emphasizes storytelling, contextualizing objects within cultural and societal shifts.

Educational Impact

Their work has been influential in academic settings, inspiring curricula, lectures, and seminars that introduce students and professionals alike to the richness of design history.

The Fiell Approach to Design

The Fiell duo's methodology combines rigorous research with engaging storytelling. They aim to:

- Make Design Accessible: Simplify complex concepts without sacrificing depth, making design history approachable for a broad audience.

- Highlight Cultural Contexts: Emphasize how design reflects, influences, and responds to societal changes.

- Showcase Innovation: Celebrate the creative process behind iconic objects, emphasizing craftsmanship, technology, and artistic vision.

- Foster Appreciation for Craftsmanship: Recognize the skill and artistry involved in design, encouraging respect for both historical and contemporary designers.

Key Themes in Their Work

- The Evolution of Design

Charlotte and Peter Fiell trace how design has evolved over centuries, influenced by technological advancements, cultural shifts, and economic factors. From early craftsmanship to mass production and digital design, they highlight pivotal moments and figures.

- The Intersection of Art and Function

Their work often explores how functional objects become symbols of aesthetic movement, reflecting societal values and individual identity.

- Sustainability and Future Trends

Recent writings emphasize the importance of sustainable design and innovation in addressing global challenges, positioning the Fiell couple as forward-thinking commentators.

- Design as a Cultural Phenomenon

They argue that design is not merely about objects but is deeply intertwined with cultural narratives, politics, and social change.

Influence and Legacy

Charlotte and Peter Fiell have played a crucial role in elevating the discourse around design, blending scholarly rigor with popular appeal. Their publications are widely used in academic courses, while their exhibitions and public talks inspire a broader appreciation for design's role in shaping human experience.

Key Contributions to the Field

- Bridging Academic and Popular Audiences: Their work makes scholarly insights accessible,

fostering a wider appreciation.

- Documenting Design History: Their comprehensive catalogs serve as essential references.

- Encouraging Critical Engagement: They challenge audiences to consider design's impact on society and the environment.

Conclusion: The Enduring Impact of Charlotte and Peter Fiell

In sum, Charlotte and Peter Fiell have established themselves as influential voices in the study and celebration of design. Their collaborative efforts have produced a body of work that is both academically rigorous and broadly accessible, shaping how we understand the history, present, and future of design. Whether through their books, exhibitions, or lectures, they continue to inspire new generations of designers, historians, and enthusiasts to appreciate the artistry, innovation, and cultural significance of design objects and movements.

Their legacy underscores the idea that design is not just about aesthetics but a vital part of human culture—an ongoing dialogue between function, form, and society. As the world faces new challenges and opportunities, the insights and enthusiasm of Charlotte and Peter Fiell remain vital sources of inspiration and knowledge in the ever-evolving landscape of design.

Question Who are Charlotte and Peter Fiell in the design world? Charlotte and Peter Fiell are renowned design historians, authors, and curators known for their influential books and contributions to design education and appreciation. What are some notable works by Charlotte and Peter Fiell? Their notable works include 'Design of the 20th Century', 'Furniture Design', and 'The Story of Graphic Design', which are widely regarded as essential references in the field. How have Charlotte and Peter Fiell influenced design history? Through their comprehensive publications and exhibitions, they have significantly shaped the understanding and appreciation of modern and contemporary design worldwide. Are Charlotte and Peter Fiell involved in any design exhibitions? Yes, they have curated numerous exhibitions on design topics, showcasing their expertise and promoting design awareness in museums and galleries globally. What is the focus of Charlotte and Peter Fiell's writing? Their writing primarily focuses on the history, evolution, and cultural impact of design, covering areas like furniture, graphic design, and industrial design. Have Charlotte and Peter Fiell received any awards for their work? Yes, they have received several awards and honors recognizing their contributions to design scholarship and publishing. Are Charlotte and Peter Fiell involved in teaching or academic work? While primarily known as authors and curators, they have also contributed to academic programs and lectures related to design history. Where can I find the works of Charlotte and Peter Fiell? Their books are available in major bookstores, online retailers, and libraries, and their exhibitions have been held at prominent museums worldwide. What impact

have Charlotte and Peter Fiell had on design education? They have influenced design education by providing comprehensive resources and inspiring new generations of designers and historians. Are Charlotte and Peter Fiell still active in the design community? As of the latest information, they continue to contribute through writing, curating, and participating in design discussions and events.

Related keywords: design, architecture, interior design, furniture, lighting, visual inspiration, design authors, modern design, Scandinavian design, design books

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